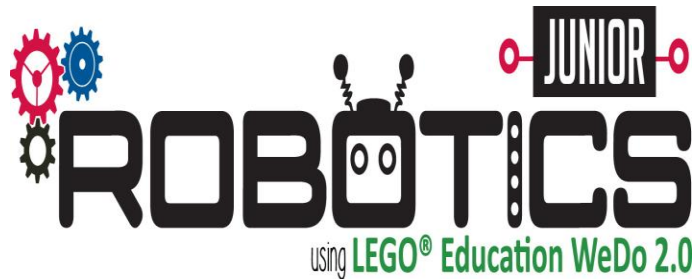


After School Enrichment Program

Course Catalog Winter - 2019



4-H- Art Discovery – Pencil Drawing - Crazy 8's Club - Cursive Writing – Debate Club - Fun, Fitness & Friendships – Improv – Knitting – Loom Knitting – Mind-Body Fitness – Nutrition for Athletes – Public Speaking – Reading Club – Junior Robotics - Visual Journals – Woodworking – 4-H – Art Discovery



**THE
DEBATE
CLUB**



4-H- Art Discovery – Pencil Drawing - Crazy 8's Club - Cursive Writing – Debate Club - Fun, Fitness & Friendships – Improv – Knitting – Loom Knitting – Mind-Body Fitness – Nutrition for Athletes – Public Speaking – Reading Club – Junior Robotics - Visual Journals – Woodworking – 4-H – Art Discovery

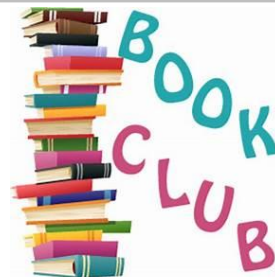


Table of Contents

How to Enroll?	1
4-H	1
Art Discovery – Pencil Drawing	1
Crazy 8’s Club	1
Cursive Writing	2
Debate Club	2
Fun, Fitness & Friendship	2
Improv	3
Knitting	3
Loom Knitting	4
Mind-Body Fitness	4
Nutrition Education for Student Athletes	4
Public Speaking	4
Reading Club	4
Robotics, Junior	5
Ski Club	5
Visual Journals	5
Woodworking	6
Appendix	
A. Programs by School	6- 7

How to Enroll?

To enroll your child in an After School Enrichment Program class, please register using this [online link](#). This link can also be found on any of our school websites. **Deadline for enrollment is Thursday, January 10, 2019.**

4-H Club

Location: James Morris School

Day of Week: Wednesday

Time: 3:30 – 4:30pm

Grade Level: K - 6

Summary: This is a general 4-H Club that explores many of the areas most popular to 4-H. Students will focus on expanding knowledge in STEM and have hands on activities for the students to increase their understanding of subjects. Many county and state level opportunities will be available to the youth when they participate.

4-H has deep roots in education and STEM. Students will learn valuable life skills throughout the program. Much of the 4-H curriculum is based on national standards of education. Public speaking, decision-making and analytical thinking are a big part of 4-H.

Art Discovery – Pencil Drawing

Location: Goshen Center School

Day of Week: Monday or Thursday

Time: 3:30 – 4:30pm

Location: James Morris School

Day of Week: Wednesday

Time: 3:30-4:30pm

Grade Level: 4-6

Summary: Students will draw with pencil and learn the basics of shapes, subject aspect, shadowing, perspective, background, foreground, and how to create a finished product. Students will learn about light source and layouts of space.

Crazy 8's Club

Location: Goshen Center School

Day of Week: Thursday

Time: 3:30 – 4:30pm

Grade Level: 3-6

Summary: A recreational math club that helps students enjoy the math behind their favorite activities. Students will do glow-in-the-dark geometry, spy training, fun games and more!

Cursive Writing

Location: Warren School

Day of Week: Tuesday

Time: 3:30 – 4:30pm

Location: James Morris School

Day of Week: Thursday

Time: 3:30 – 4:30pm

Location: Goshen Center School

Day of Week: Monday 1 of 2, Thursday 2 of 2

Time: 3:30 – 4:30pm

Grade Level: 3-6

Summary: Students will practice writing letters and poetry in cursive. They will also practice reading cursive in text and from letters. Some historical documents will be reviewed that are written in cursive. Both lower and upper case letters will be learned.

Debate Club

Location: Wamogo

Day of Week: Tuesday

Time: 2:10 – 3:10pm

Grade Level: 7-12

Summary: Using oratory and critical thinking skills, students will research and present opposing viewpoints on a variety of topics. Students will enhance their ability to organize thoughts and improve communication skills.

Fun, Fitness & Friendship

Location: Goshen Center School

Day of Week: Monday, Tuesday, Wednesday, Thursday

Time: 3:30 – 4:30pm

Grade Level: K-2

Location: James Morris School

Day of Week: Monday, Tuesday, Wednesday, Thursday

Time: 3:30 – 4:30pm

Grade Level: K-2

Location: Warren School

Day of Week: Monday, Tuesday, Wednesday, Thursday

Time: 3:30 – 4:30pm

Grade Level: K-2

The Fun, Fitness and Friendship Program is a social and emotional development program for children K-2 who can enroll for one, two, three or four days per week. Twice weekly the 60-minute program will feature a group snack, followed by 40 minutes of a choice of 5 different centers including crafts, games, gross motor skill activities, STEM activities and literacy activities. The other two days the 60-minute program will feature a group snack followed by 20 minutes of structured active games followed by twenty minutes of supervised free time.

Improv

Location: Warren School

Day of Week: Monday

Time: 3:30 – 4:30pm

Grade Level: 4-6

Location: Wamogo

Day of Week: Monday and Wednesday

Time: 2:10-3:10pm

Grade Level: 7-12

Summary: Students will explore the art of improvisation as well as create their own original work. They will learn about myths, legends and the art of storytelling. Students will learn about theater, vocal projections, music and engage in teamwork as an ensemble. They will strengthen skills in literacy.

Knitting

Location: Goshen Center School

Day of Week: Monday

Time: 3:30 – 4:30pm

Grade Level: 4-6

Summary: Students will learn how to knit three different stitches. Students will start with a basic stitch and then move to purl and then seed stitch. Simple knit projects will be introduced.

Loom Knitting

Location: Goshen Center School

Day of Week: Tuesday – 1 of 2, Wednesday 2 of 2

Time: 3:30 – 4:30pm

Age Range: 4-6

Summary: Students will use yarn and a knitting loom to create a small project such as a hat. This course is run two days a week.

Mind-Body Fitness

Location: Warren School

Day of Week: Wednesday

Time: 3:30 – 4:30pm

Grade Level: K-6

Summary: Students will engage in creative and age-appropriate activities to increase physical strength, flexibility, self-regulation and stress reduction. Each session will provide time for students to connect with the natural world through garden exploration, schoolyard hikes and/or nature observations.

Nutrition Education for Student Athletes

Location: Wamogo

Day of Week: Thursday and Friday

Time: 2:10 – 3:10pm

Grade Level: 7-8

Summary: Students will learn the importance of making healthy eating choices as it relates to athletic performance. Topics will include how to read food labels, how to stay hydrated and food selection prior to events to name a few.

Public Speaking – Introduction

Location: James Morris School

Day of Week: Monday

Time: 3:30 – 4:30pm

Grade Level: K-3

Summary: Students will participate in fun games to introduce the idea of public speaking. Students will work toward presenting a two minute speech which could be used in 4-H contests.

Reading Club

Location: Goshen Center School

Day of Week: Tuesday

Time: 3:30 – 4:30pm

Grade Level: 4- 6

Summary: For students who love reading or for those with a growth mindset who want to improve their reading skills. Students will develop strong habits of study skills to help them become lifelong readers.

Robotics, Junior

Location: James Morris School

Day of Week: Tuesday

Time: 3:30 – 4:30pm

Grade Level: 1-5

Summary: This is an introduction to robotics course. Students will use *Legos* to develop an early interest in robotics. Students will learn coding skills with an easy to use software specifically developed for students ages 6 to 10.

Ski Club

Location: Wamogo

Day of Week: Monday and Tuesday

Time: 4:30 – 6:30pm

Grade Level: 7-8

Summary: Wamogo Regional High School is planning to offer a ski club for grades 7 and 8 during this winter. The session is scheduled to run on Monday and Tuesday from January 14 to February 26. Each session will feature ski lessons from two ski instructors from 4:30-6:30 p.m. Students will depart by bus from Wamogo to Mohawk Mountain at 3:45 p.m. Parents are expected to pick their student up at 6:30 p.m. at the end of the session. The program offers discounted rates for lift tickets and rentals. There is no cost for transportation or for the lessons. All students are encouraged to join regardless of experience or ability level.

Visual Journals

Location: James Morris School

Day of Week: Tuesday

Time: 3:30 – 4:30pm

Grade Level: 3-6

Location: Warren School

Day of Week: Thursday

Time: 3:30 – 4:30pm

Grade Level: 3-6

Summary: Students will have the opportunity to experiment, take notes and find inspiration in an art journal. Students will explore personal interests and hobbies using various media from drawing, painting, collage and even weaving paper. Art ideas will range from observation studies (like a scientist), generating paintings in various styles, collecting found objects for collage and further studies. The visual journal is a unique book to launch ideas for bigger projects to explore self.

Woodworking

Location: Wamogo

Day of Week: Wednesday

Time: 2:10 – 3:10pm

Grade Level: 7-12

Location: James Morris School

Day of Week: Thursday

Time: 3:30 – 4:30 pm

Grade Level: 3-6

Summary: Students will have the opportunity to learn basic woodworking and safety skills. They will complete a project; start to finish.

Appendix

A. Programs by School

Warren School	Monday	Tuesday	Wednesday	Thursday
K-2	Fun, Fitness & Friendships	Fun, Fitness & Friendships	Fun, Fitness & Friendships	Fun, Fitness & Friendships
K-6			Mind-Body Fitness	
3-6	Cursive Writing	Cursive Writing		Visual Journals
4-6	Improv			

James Morris School	Monday	Tuesday	Wednesday	Thursday
K-2	Fun, Fitness & Friendships	Fun, Fitness & Friendships	Fun, Fitness & Friendships	Fun, Fitness & Friendships
K-3	Public Speaking			
K-6			4-H	
1-5		Jr. Robotics		
3-6		Visual Journals		Woodworking Cursive
4-6			Art Discovery - Pencil Drawing	

Goshen Center School	Monday	Tuesday	Wednesday	Thursday
K-2	Fun, Fitness & Friendships	Fun, Fitness & Friendships	Fun, Fitness & Friendships	Fun, Fitness & Friendships
3-6	Cursive 1 of 2			Crazy 8's Club Cursive 2 of 2
4-6	Knitting Art Discovery - Pencil Drawing	Reading Club Loom Knitting 1 of 2	Loom Knitting 2 of 2	Art Discovery - Pencil Drawing

Wamogo	Monday	Tuesday	Wednesday	Thursday	Friday
7-8	Ski Club	Ski Club		Nutrition-Student Athletes	Nutrition-Student Athletes
7-12	Improv	Debate Club	Improv Woodworking		